



AMERICAN
DATA

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ECS MONTHLY NEWSLETTER

The latest in ECS News, Technology, & Company Updates



MAY 2020

In This Issue



What's Covered?

- **Webinar Date-** Thursday, May 14th (1:00pm-2:00pm CST)
- **ECS Updates/ Industry News-** "What's This" Tool, Effects of Social Distancing on the Elderly, and The QIN-QIO.
- **Picture This-** Try With Your Residents Today
- **Featured Facility-** Sylvia G. Thompson
- **National Public Health Week-** National Senior Health & Fitness Day
- **Deficiency-Free Surveys-** Sylvia G. Thompson
- **"Like" us on Facebook**

Webinars



Upcoming Webinar

Tracking Employee Health to Reduce Resident Infection Rates

Session Date: Thursday, May 14th (1:00pm-2:00pm CST)

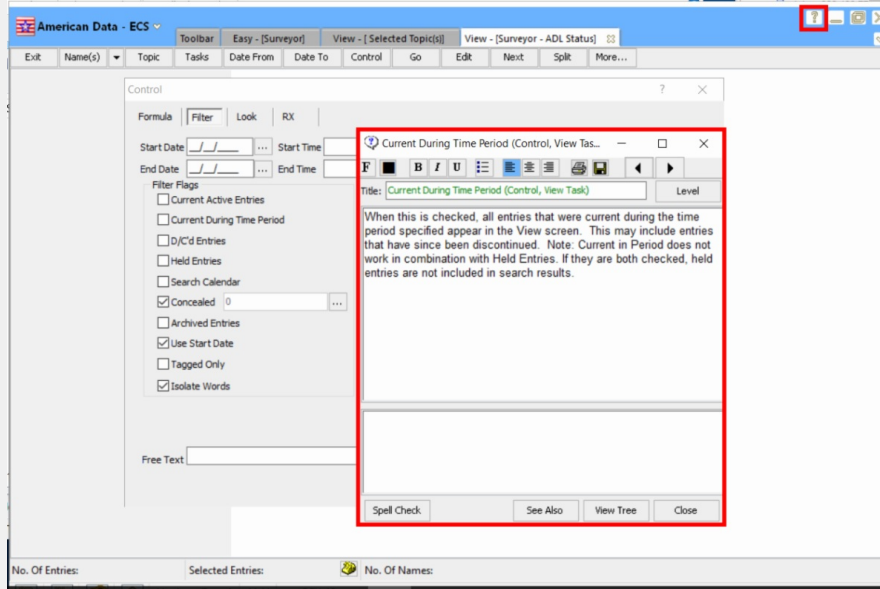
Sign Up Today- Space is limited!

[SIGN UP](#)

ECS Updates/ Industry News

Support Tools in ECS

There is a built-in support tool on almost every screen in ECS you may not have been aware of. The "What's This" tool can help troubleshoot small errors, help identify a feature you're looking for, or help to better understand features in ECS.



By clicking the question mark (?) in the right-hand corner of your screen, a question mark (?) will appear next to your cursor. You can then click on any field or button on your screen in ECS and a window will pop up with information on that feature. You can also access this tool by following this path: **American Data- ECS > Help > What's This.** This will prompt the question mark (?) to appear by your cursor as well.

The example above illustrates what the "What's This" pop-up window will look like. After selecting Control, the user clicked the question mark (?) in the top right. Then, by clicking on "Current During Time Period" the pop-up window appeared with information about this option.

The "What's This" tool can help train new ECS users or can help seasoned ECS users utilize additional features. Try out this tool today! As always, our team is also available for support over the phone at **1-800-464-9942**.



The Effects of Social Distancing on the Elderly

The elderly are particularly vulnerable to loneliness, social isolation and other mental health problems, such as depression and anxiety, during the coronavirus pandemic as a result of social distancing. In February, a study from the National Academies of Sciences, Engineering and Medicine reported that nearly a quarter of Americans age 65 and older are socially isolated, defined as having few social relationships or infrequent contact with others. And 43 percent of adults age 60 and older feel lonely.

People requiring medical care during this pandemic, either for COVID-19 or some other condition will also receive minimal human touch contact during a time they need it most, due to hospitals and nursing homes barring visits from family members, as well as contact precautions and social distancing measures. Considering the vast benefits of touch, a lack thereof may lead to delayed healing or prolonged illness.

Here are some ways to help reduce the negative impact of social distancing:

- Offer resident penpal opportunities so they can reap the rewards of
- Assist residents to make phone calls or have video chats with family and loved

- brightening someone else's day
- Provide extra touch during daily cares if time allows.
- Encourage family members to call and write letters or emails to their loved ones.

- ones as often as possible to share simple, daily moments.
- Use technology to stay connected to family with engaging apps like **Picture This Games** (see You & Your Residents).

Did You Know?

The Quality Innovation Network – Quality Improvement Organization (QIN-QIO) is responsible for working with the community and healthcare providers to improve resident safety, reduce harm, and improve clinical care at local levels. Consultants within the QIN-QIO will work with nursing homes on an individual and voluntary basis and support is available at no cost to the facility.



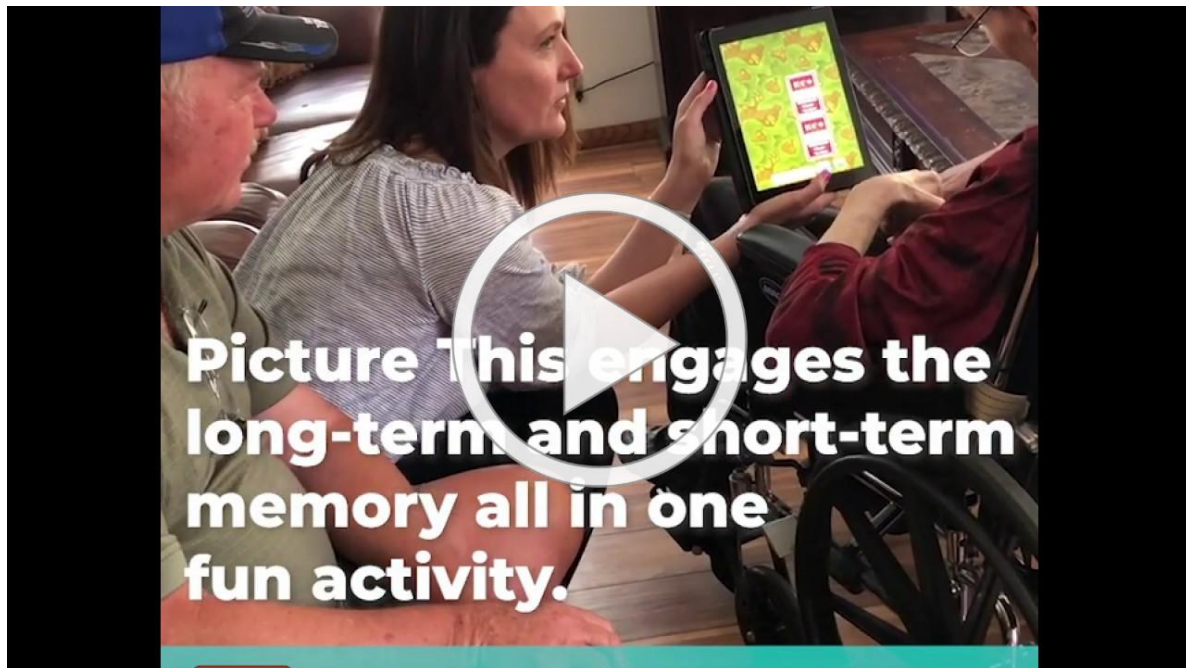
Quality Improvement Organizations

Sharing Knowledge. Improving Health Care.
CENTERS FOR MEDICARE & MEDICAID SERVICES

They use data-driven projects to be able to report data to the CDC & NHSN for national and state tracking initiatives. Some of these infection control projects include C. difficile prevention in healthcare facilities and antibiotic stewardship programs, all supported by CMS.

You can find more information and state resources at <https://qioprogram.org>. Facilities in Wisconsin can contact the Superior Health Quality Alliance at (833) 821-7472 or go to their website at <https://www.superiorhealthqa.org>.

You & Your Residents



PICTURE THIS
Patent Pending | © 2018 Systems Inc. 2018

Try Picture This with your Residents Today!

When a loved one's memory declines, conversation can become a struggle. Picture This helps facilitate communication between loved ones and their families through the power of pictures. Use your own family photos to help them connect past memories and people to present realities. Picture This engages the short-term and long-term memory all in one activity.

To see for yourself, visit the website below to read our blog post on Seniors, Memory Care, and the benefits of [Picture This](#).

[GET MORE INFO](#)



May's Featured Facility!

Sylvia G. Thompson

Location: Sedalia, MO

AD Client Since: 2012

Located in Sedalia, Missouri, Sylvia G. Thompson has been an American Data client since 2012. Above, members of its dedicated staff including Wendy Martin – Activity Director, Jennifer Reed – Charge Nurse, Cassandra Brockman, HR Manager, Melody Blankenship – Accounting, Kathy Kemp – Charge Nurse, Alicia Timmons – RN/Clinical Nurse Manager, and Stacy Miller – Social Services all gather to celebrate. Sylvia G. Thompson recently received a Deficiency-Free Survey from State Surveyors for exceeding the highest level of care in their facility.

Thanks for being a part of the American Data community, Sylvia G. Thompson!

27th ANNUAL

Wednesday, May 27, 2020
2020 Event Theme: *"Life is Better in Motion!"*

National Senior Health & Fitness Day

Wednesday, May 27th marks the 27th annual National Senior Health & Fitness Day. With the safety of the masses in mind, the event will be held virtually for the first time.

Normally, local organizations hold events to host the activities provided by NSHFD, encouraging seniors in their community to keep a healthy and active lifestyle. This year, participants in the virtual event can access various online health resources to help organize the day similarly to the in-person event.

Resources:

- Websites with special health and fitness materials for older adults.
- Online health and fitness games.
- Dial-in phone presentations on senior health

- Access to online exercise classes and demonstrations to be held on May 27th.
- Live interactive video chat presentations on key senior health and wellness topics—many of these courtesy of our state and national event sponsors.
- Information about smartphone apps and other online resources that offer specific health and fitness information for older adults.
- Access to a variety of evidence-based senior health materials (in PDF format) that local groups can print out and deliver to seniors in their programs.

If your facility would like access to these resources, you can contact Gary Ford at gford@fitnessday.com for steps to register for free. The in-person event is to be rescheduled at a later date.

Deficiency-Free Survey Awards



Share Your Success!

Did your facility receive a Survey? Let us know!

Please let us know of your facility's Deficiency-Free Survey and/or Most Improved Survey so we can share your successes! Send an email to cares@american-data.com.

"Like" Us On Facebook

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Want to be the first to know about the latest software updates, reminders, and company news? Follow our [Facebook](#) page to receive up-to-date posts on all things ECS, American Data, and much more.



American Data

Healthcare Administrator

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American Data After-Hours Support

Regular Business Hours:

Monday- Friday: 8:00am-5:00pm

Saturday & Sunday: Closed

For immediate assistance after regular business hours, call 1-608-438-7505.

Or send us an email at cares@american-data.com

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