



AMERICAN
DATA

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ECS MONTHLY NEWSLETTER

The latest in ECS News, Technology, & Company Updates

SEPTEMBER 2020

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What's Covered?

- **Webinar Dates:** *Wednesday, September 9th (1:00pm-2:00pm CST)*
- **ECS Updates/ Industry News:**
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- **Picture This:** *Try With Your Residents Today*
- **Healthy Aging Month:** *September recognized as Healthy Aging Month*
- **Deficiency-Free Surveys:** *Congratulations to Huron County Medical Care Facility for TWO deficiency-free surveys!*
- **Featured Facility:** *Submit your facility!*
- **"Like" us on Facebook**

Upcoming Webinars



What's New in the Fall Update

Session Date: Wednesday, September 9th
(1:00pm-2:00pm CST)

***Zoom Passcode:** 510198

[JOIN WEBINAR](#)

*PLEASE NOTE:

American Data has switched webinar platforms. If you previously registered through "Go To Webinar" for the *What's New in the Fall Update* webinar, this link will no longer work.

Instead, please use the **Zoom Passcode** above to join the call at the time of the webinar. All webinars moving forward will be held via Zoom to expand the number of available seats. No need to reserve a spot, space is now unlimited!

ECS Updates/ Industry News



Amidst upcoming MDS changes, we aim to decrease CNA charting time!

Effective October 1st 2020, CMS has announced that State Medicaid Agencies may determine whether facilities will be required to collect PDPM data on stand-alone OBRA assessments. PDPM calculations do not utilize the ADL charting from section G of the MDS, but rather have their own calculation method via section GG.

This change will require CNAs to document information for both sections G and GG. Each section has different coding requirements and scales, so we have developed a brand-new ADL charting screen with the intent of reducing CNA workloads. This new charting area will focus on section GG coding language since that is the section that will dominate at some point in time. However, when the CNA saves their entry, it will also write that entry into the appropriate ADL topic for section G coding information.

This new setup will include three new topics: AM ADL, PM ADL, and NOC ADL. These topics will be linked on the access screens, assignment sheets, and incompleteness reports. The CNA's will then have only one place to go for all ADL charting.

[Click Here](#) to fill out the form if you are interested in getting this setup at your facility.

[FILL OUT FORM](#)



Feedback From Our Clients

Way to go, Tracy! Thanks for providing excellent service.

Feedback From Our Clients

American Data is pleased to receive the following feedback congratulating *Tracy Harrison*, one of our Clinical Support Specialists, from *Peyton Seabolt*, Systems Analyst at Archbold Medical Center.

"I thought Tracy was brilliant and relevant. I cannot express in words how thankful I am that you all were able to provide us with this training, as I don't believe we've had it before. I've only been at Archbold for 6 months, I'm right out of college, but ECS has become like a sweet little baby to me that I wake up at 2:00 a.m. to hold on to and to soothe to stop the tears. I don't know if they're my tears or the baby's. We have three facilities that use ECS, and those facilities are spread out over three different counties. When people use ECS they use it their own way, which is fine, but I don't want anyone to have to figure it out for themselves. I want consistency between the three facilities, and I want people to use it correctly; I want people to use it in a way that satisfies HIPPA and leaves no stone unturned.

I feel that Tracy got us all on the same page. Not only did she show Archbold staff from all departments things that they never knew about, but she showed them all how to do their jobs the same way, which is so important to me. If one nurse is doing it wrong, and they train the rest of the nurses, then we have a huge issue that snowballs and grows out of control. I feel that Tracy solved this issue. Tracy also gave Archbold staff the chance to make changes to the system that they use. They may find that some part of ECS doesn't work like they'd want it to - Tracy gave everyone a chance to voice their concerns and she made changes on the fly that made so many people very happy. I give Tracy 10 stars out of 5. She is awesome, she definitely knows ECS like the back of her hand, and I so look forward to working with her in the future.

So on behalf of Archbold Medical Center, and myself, I thank you Tracy and bow to your generosity. Thank you so much for accommodating us, and for making changes to your curriculum that suit our needs. I know that couldn't have been easy. You are the bomb-diggity."

Way to go, Tracy! American Data welcomes all feedback to help us improve and know what is working best for our clients. Do you have feedback for American Data? Contact cares@american-data.com or click below to send us an email.

[CONTACT US](#)



Client Sign On

Welcome to American Data's online technical site for the latest ECS news and updates. On this site you will find current and past updates, utilities, training videos, upcoming webinars and newsletters.

Username:

Password:

Remember Me

[Lost your password?](#)

Haven't logged on to the new Client Sign On yet?

The Client Sign On is an important tool for many roles in your facility. The site is not only a training tool for new ECS users, but is also a resource for documentation on new features in ECS, important company announcements, an outlet to download the latest ECS software update, and much more. Log on today and check it out for yourself!

How do I log in?

For login credentials, please contact your facility's active Administrator, DON and/or System Supervisor. The person who holds one or any of these positions at your facility will be able to set up your account and provide log in credentials for access.

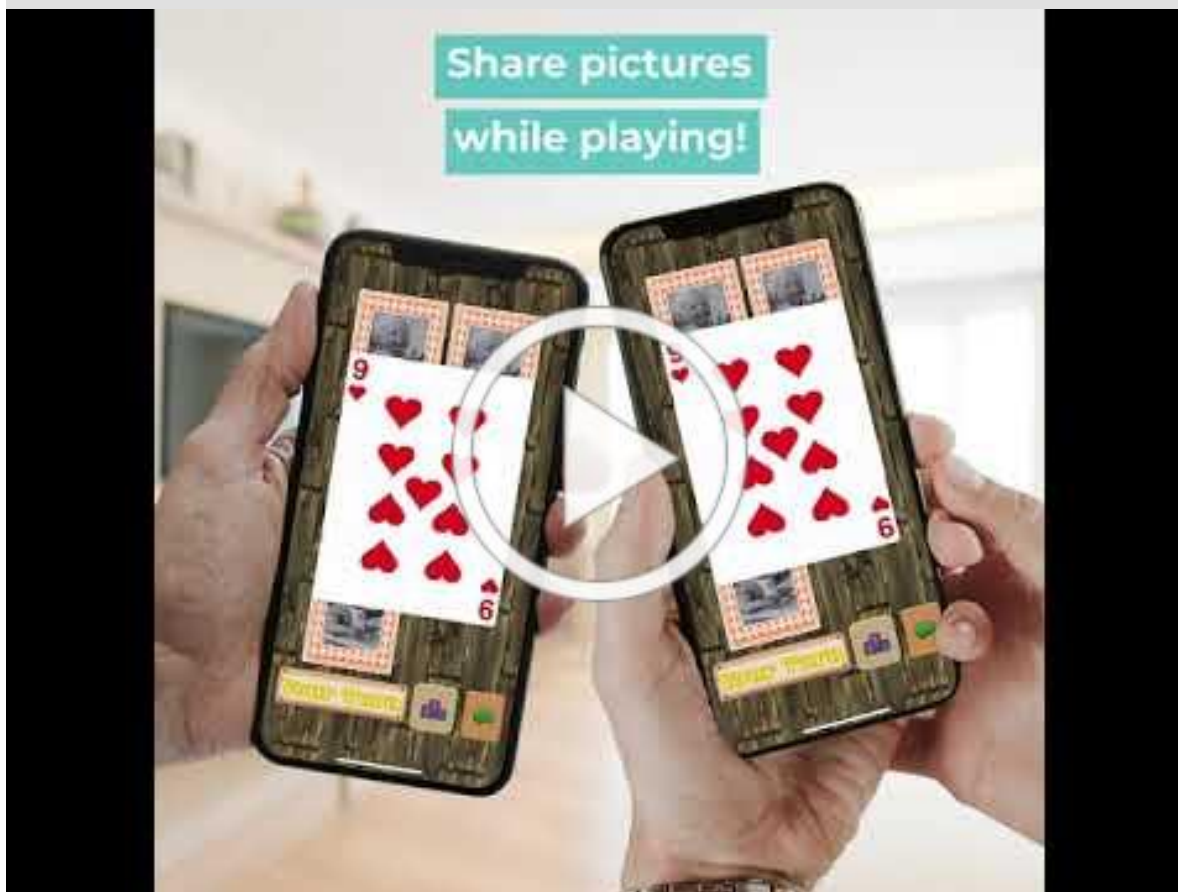
I'm an Administrator, DON and/or System Supervisor and did not receive the set-up email. What now?

If you did not receive the set-up email from American Data containing instructions on how to set up your facility portal and your staff, **please check your spam/junk folder as this initial email may have been detected as spam.**

If you cannot locate the set-up email from American Data, please send an email to cares@american-data.com and our staff will assist you.

[CONTACT US](#)

You & Your Residents



PICTURE THIS

Patent Pending | © 2018 Systems Inc. 2018

Want to share Picture This with your residents and their families?

Copy and paste the link to this video in your resources or activities section along with a little information about the app:

<https://youtu.be/SfIBrkGyL80>

"When a loved one's memory declines, conversation can become a struggle. Picture This helps facilitate communication between loved ones and their families through the power of pictures. You can create custom card backs and send text message invites straight from your phone! Use your own family photos to help connect past memories and people to present realities. Picture This engages the short-term and long-term memory all in one activity."

[GET MORE INFO](#)



September is Healthy Aging Month

It's important for those who care for the elderly to reflect on ways they can improve their own lifestyle. Preventative measures, exercise, and a healthy diet are the well known ways to keep up with physical health as you age. However, it's important to recognize ways to keep the mind healthy and feeling youthful as well. [Healthy Aging Magazine](#) offers 10 tips for Healthy Aging Month to spark change in your lifestyle and your outlook on aging.

Do not act your age:

Or at least what you think your current age should act like. What was your best year so far? 28? 40? Now? Picture yourself at that age and be it. Some people may say this is denial, but we say it's positive thinking and goes a long way toward feeling better about yourself. (Tip: Don't keep looking in the mirror, just FEEL IT!)

Be positive in your conversations:

Be positive in your conversations and your actions every day. When you catch yourself complaining, check yourself right there and change the conversation to something positive. (Tip: Stop watching the police reports on the local news.)

Ditch the downer friends:

Have negative friends who complain all of the time and constantly talk about how awful everything is? Drop them. As cruel as that may sound, distance yourself from people who do not have a positive outlook on life. They will only depress you and stop you from moving forward. Surround yourself with energetic, happy, positive people of all ages and you will be happier too. (Tip: Smile often. It's contagious and wards off naysayers.)

Loneliness:

Stop brooding and complaining about having no friends or family. Do something about it now. Right this minute. Pick up the phone, landline, or cell and make a call to do one or more of the following: Volunteer your time, take a class, invite someone to meet for lunch, brunch, dinner, or coffee. (Tip: Volunteer at the local public school to stay in touch with younger people and to keep current on trends, take a computer class or a tutorial session at your cell phone store to keep up with technology, choose a new person every week for your dining out.)

Find your inner artist.

Find your inner artist. Who says taking music lessons is for young school children? You may have an artist lurking inside you just waiting to be tapped. Have you always wanted to play the piano, violin, or tuba? Have you ever wondered if you could paint a portrait or scenic in oil? What about working in wood? (Tip: Sign up now for fall art or music classes and discover your inner artist!)

Walk like a vibrant, healthy person:

Come on. You can probably do it. Analyze your gait. Do you walk slowly because you have just become lazy or, perhaps, have a fear of falling? (Tip: Make a conscious effort to take big strides, walk with your heel first, and wear comfortable shoes.)

Stand up straight!

You can knock off the appearance of a few extra years with this trick your mother kept trying to tell you. Look at yourself in the mirror. Are you holding your stomach in, have your shoulders back, chin up? Check out how much better your neck looks! Fix your stance and practice it every day, all day until it is natural. You will look great and feel better. (Tip: Your waistline will look trimmer if you follow this advice.)

How's your smile?

Research shows people who smile more often are happier. Your teeth are just as important to your good health as the rest of your body. Not only is it the first thing people notice, but good oral health is a gateway to your overall well-being. (Tip: Go to the dentist regularly and look into teeth whitening. Nothing says old more than yellowing teeth!)

Start walking:

Start walking not only for your health but to see the neighbors. Have a dog? You'll be amazed how the dog can be a conversation starter. (Tip: If you don't have time for a dog, go to your local animal shelter and volunteer. You will be thrilled by the puppy love!)

Get a physical:

Get a physical. Make this month the time to set up your annual physical and other health screenings. Go to the appointments and then, hopefully, you can stop worrying about ailments for a while. (Tip: For a list of recommended annual health screenings, a great resource is the [My Health Finder](#).

Deficiency-Free Survey Awards



Congratulations!

Huron County Medical Care Facility

Thanks for providing the highest level of care in your facility!

Did your facility receive a Survey? Let us know!

Please let us know of your facility's Deficiency-Free Survey and/or Most Improved Survey so we can share your successes! Send an email to cares@american-data.com.

SUBMIT A PHOTO!



Be featured in the Newsletter!

YOUR Facility could be in next month's Newsletter as American Data's Featured Facility! Submit a group photo of members of your staff via Facebook Messenger or email us at cares@american-data.com with your facility's name, location, and a short blurb to be the feature photo at the top of the next Monthly Newsletter.

Your facilities are the reason American Data thrives, and we want to recognize that.

"Like" Us On Facebook

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Want to be the first to know about the latest software updates, reminders, and company news? Follow our [Facebook](#) page to receive up-to-date posts on all things ECS, American Data, and much more.



American Data

Healthcare Administrator

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American Data After-Hours Support

Regular Business Hours:

Monday- Friday: 8:00am-5:00pm

Saturday & Sunday: Closed

For immediate assistance after regular business hours, call 1-608-438-7505.

Or send us an email at cares@american-data.com

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